

Glossary of EFAP Presenting Problems

Marital, Relationship

Includes: spouse, common-law, boy friend/girl friend, primary relationships

Excludes: parenting, elder care

Emotional

Includes: anxiety, fear, phobias, depression, suicidal ideation, anger management, loss-grief, bereavement, reaction to non-workplace trauma, stress disorders not arising from the workplace, emotional problems in recovery from chemical dependency

Family, Relationship including Parenting

Includes: acquiring parenting skills, pre-natal, assistance with child care, children of blended families

Excludes: Adult Children Of Alcoholics (ACOA) issues

Life Management

Includes: change management, time management, stress management, conflict resolution, sexuality and sexual orientation issues, minority concerns, racism, assertiveness skill acquisition, ethical/spiritual issues, overload, continuing education

Excludes: financial management, problems that are primarily experienced as emotional

Addiction Related

Includes: alcohol or other drug dependence, compulsive gambling, prescription drug misuse, nicotine addiction, problems related to the addiction of a person close to the client including co-dependency, Adult Children Of Alcoholics (ACOA), compulsive sexual behaviour, eating disorders

Workplace Related

Conflict – Includes: conflict with co-worker, subordinates or supervisor/manager, sexual harassment, personal harassment, union/management conflict stress arising from workplace.

Career Related – Includes: job loss, job change adjustment, transfer, shift work problems, career development, retirement preparation and adjustment, coping with organizational change

Critical Incident Response

Workplace trauma – Includes: defusings, debriefings and stress disorders following unresolved workplace trauma

Financial/Legal

Includes: budgeting, debt management, bankruptcy and orderly payment of debts

Includes: civil and criminal proceedings, separation and divorce agreements, spousal abuse, child abuse reporting, child custody issues, reported violence in the workplace.

Other

Eldercare (arranging care for parents, in-laws, grandparents, etc.)

Major Mental Disorder (psychosis, dementia)

Physical Health (injury, illness, wellness needs)

